



**VALARIE JEROME**  
OPTOMETRISTS

*All Fees reflect the greater Experience and Knowledge of the GOC Registered Optometrist who will be examining your eyes and assisting you with all your ocular health and visual needs.*

**New Fees Effective 1 March 2024**

Eye Examinations	Private Fee
<b>New Patient Comprehensive Private Eye Examination</b> (includes Optos wide field retinal imaging, detailed eye and health history; glaucoma, AMD and diabetic check; spectacle lens prescription if needed; dilation if necessary; DNEye scan testing and extensive advice on eye and vision health)	£89
<b>Established Patient Comprehensive Private Eye Examination</b> (includes Optos wide field retinal imaging, detailed eye and health history; glaucoma, AMD and diabetic check; spectacle lens prescription if needed; dilation if necessary; DNEye scan testing and extensive advice on eye and vision health)	£79
<b>Under 18 or (Full time) Student Private Eye Examination</b> (includes detailed eye and health history; glaucoma, AMD and diabetic check; spectacle lens prescription if needed; dilation if necessary; DNEye scan testing and extensive advice on eye and vision health)	£49
<b>Urgent/Eye Emergency Exam</b> (foreign body/eyelash removal, red eye)	£60
<b>Flashes/Floaters Exam</b> (includes dilation)	£60

Contact Lens Appointments *	Private Fee
<b>Initial Consultation to discuss options and assess suitability*</b>	No Charge
<b>Existing Wearer Annual Contact Lens Examination for <i>Standard and Toric</i> *</b> (includes fitting, diagnostic lenses and all follow up contact lens care to finalise prescription)	£40
<b>New Wearer Contact Lens Examination for <i>Standard and Toric</i> *</b> (includes fitting, instruction on contact lens insertion and removal, diagnostic lenses and all follow up contact lens care to finalise prescription)	£50
<b>Existing Wearer Annual Contact Lens Examination for <i>complex, monovision or multifocal</i> *</b> (includes fitting, diagnostic contact lenses and all follow up contact lens care to finalise prescription)	£50
<b>New Wearer Contact Lens Examination for <i>complex, monovision or multifocal</i> *</b> (includes fitting, instruction on contact lens insertion and removal, diagnostic contact lenses and all follow up contact lens care to finalise prescription)	£60

\* Patients must have had a full eye examination within the last year

Additional Examinations and Options	Private Fee
<b>Frame Styling Consultation</b>	No Charge
<b>Post Cataract Pressure Check</b> (if needed, urgent reassurance of stable intra ocular pressures during post operative period after cataract surgery)	£20
<b>Post Cataract Prescription Check</b> (calculation of new spectacle prescription following discharge from consultant or hospital after cataract surgery)	£40
<b>Dry Eye Initial Assessment *</b>	£60
<b>Dry Eye Follow Up Assessment *</b>	£40
<b>Visual Field Testing*</b>	£60
<b>Myopia Control/Management Assessment*</b>	No Charge
<b>Coloured Overlay Assessment <i>New Patient</i>*</b> (includes confirmation of outside spectacle prescription, muscle balance and accommodation testing, custom colour overlay and report)	£75
<b>Coloured Overlay Assessment <i>Established Patient</i>*</b> (includes custom colour overlay and report)	£65
<b>Report Writing Fee/HGV/Medical/Job Application/Complicated Medical Forms</b> (if not presented at time of the appointment)	£20

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Orthokeratology (Ortho-K) Fees*	Private Fee
<b>Initial Consultation</b> including one off design fee for eye mapping and bespoke contact lens design; fitting and follow up (overnight, 1 week and 3 weeks); contact lens solution	£300
<b>Ongoing care fee (direct debit)</b> Eye Exams, aftercare and 6 monthly replacement contact lenses and solutions	£55

Eye Spa at Valarie Jerome	Private Fee
<b>IPL (Intense Pulse Light) Treatment*</b>	
<b>IPL Pre-Assessment</b> (includes examining the saltiness of your tears, the quality of your tear film, your blink pattern, the quality and quantity of oil producing glands using imaging technology, and skin test patch area done with IPL. All initial IPL consultations include a take home kit including foaming lid cleanser, lubricant eye drops and eye bag)	£90
<b>IPL Treatments</b> (treatment which includes meibomian gland expression; 4 Treatments advised done at least 4 weeks apart; includes 2 week follow up appointment if needed)	£250
<b>IPL and Facial Rosacea IPL Treatment</b> (includes meibomian gland expression; 4 treatments advised done 4 weeks apart; includes 2 week follow up appointment if needed)	£350
<b>Chalazion/Stye Spot IPL Treatment</b> (only 1-2 treatments recommended)	£200

Eye Spa at Valarie Jerome	Private Fee
<b>LLLT (Low Level Light Therapy) and ZEST® Treatment*</b>	
<b>LLLT Pre-Assessment</b> (includes examining your tears, the quality of your tear film, your blink pattern, the quality and quantity of oil producing glands using imaging technology. All initial LLLT consultations include a take home kit including foaming lid cleanser, lubricant eye drops and eye bag)	£90
<b>LLLT Treatment</b> (which includes meibomian gland expression; ocular surface analysis; includes 2 week follow up if needed. Number of treatments based on individual needs)	£200
<b>ZEST® Treatment</b> (includes deep cleansing and removal of blepharitis in office, meibomian gland expression and 2 week follow up appointment if needed)	£180

Amniotic Membrane Treatment*	Private Fee
<b>Treatment</b> including Omnigen ® amniotic membrane disc with custom OmniLenz ® extended wear soft contact lens, consultation for application of the treatment, removal of membrane and custom contact lens and any consultations needed during the treatment time.	£850

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